First Need to start backend and database so Node.Js server and Mongo Db those have been setup and are on Port 3000.

Go to the following directory and then use nodemon to start backend.

C:\Users\mecostantino\angular>cd nodejs-express-mongodb

//this command starts the app on the back end.....

C:\Users\mecostantino\angular\nodejs-express-mongodb>nodemon index.js

//this starts the angular front-end part of the App in the following directory.

C:\Users\mecostantino\angular\AngularApp>ng serve

//use this to start mongo DB the file directory may be different it may not be in Program Files, however //navigate to directory and use exe command to start mongo.db

cd C:\Program Files\MongoDB\Server\3.6\bin

//then run in directory to execute

Mongod.exe --dbpath C:Users\mecostantino\mongo-data